

## 2022 Community Impact

**Our Mission:** The Northwest Center seeks to promote the dignity of women and a respect for all human life by offering the loving support and comprehensive aid necessary to enable all women to continue their pregnancies, deliver healthy babies, and adequately care for themselves and their children.



2022 marked a year of renewal for The Northwest Center. We re-instated in-person appointments for the Pregnancy Center Step-Up program after all services were moved to phone and virtual platforms in 2020, and our Maternity Home welcomed three new expectant mothers in the spring of 2022. We were thankful to gather with our supporters this summer and fall at the Top of the Town Summer Soiree and our Life is a Ball Gala for the first time since 2019.

### 2022 Highlights

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- 1,501 Pregnancy Center Visits** took place. These included “Step Up” appointments (one-on-one goal-based counseling sessions, pregnancy tests, curbside item pickup, Safe Sleep training, resume and job help)
- 689 Individuals Served** (307 Women, 380 Children, 13 Men including 2 Single Dads)
- 688 Individuals Connected to Critical Community Resources** including prenatal care, childcare, employment services
- 76,277 Basic Material Assistance Items Distributed** including:
- 48,673 Diapers ● 996 Wipes ● 302 cans of formula
  - 35 Pack-n-Plays ● 321 units of baby food
  - 27,604 items of clothing, toiletries, other baby & maternal supplies
  - 327 children’s books ● 3,783 pull-ups
- 1,000+ Volunteer Hours Logged**
- 4 Moms & 4 Babies** were provided transitional housing and support in our Maternity Home Program



## **Pregnancy Center**

The pregnancy center program provides women with the necessary resources and emotional support so that they are able to continue their pregnancies and deliver full-term, healthy babies. The primary way that this assistance is provided is through the center's Step Up program.

### **Services provided at no cost include:**

*Pregnancy Testing      Options Counseling      Parenting Education*  
*Linkage to Community Resources      Material Assistance*

"Thank you so much for everything you do for me, for your concern and persistence towards my happiness and stability on this journey. I am one of the women you have touched in a very positive way."

-Pregnancy Center Mom

## **Maternity Home**

Our maternity home is a comprehensive transitional housing program which provides pregnant women experiencing homelessness with a loving, supportive, and safe home for up to 18 months. Residents work with our staff - including a licensed clinical social worker - to deliver healthy babies, achieve personal goals and progress toward self-sufficiency.

***Since our founding in 1981, The Northwest Center has served 60,840 women, men, and children in the Washington, DC area. The center is a registered 501(c)(3) nonprofit and all donations are tax-deductible.***